

STEP FORWARD

2023 - 2024 FLYERS



HEAD COACH RYAN CAMPBELL

P: 587-988-4263

Ryan is an accomplished hockey coach with an extensive playing career, and he will bring a unique blend of expertise and leadership to the U17 AAA Flyers. Having enjoyed a successful playing career across various leagues and countries, Ryan brings firsthand knowledge of the game at both the professional and NCAA levels.



Coaching Staff

Assistant Coach: Brent Forberg Video Coach: Darrin Wood
Assistant Coach: Justin Penner Trainer: Emily Rae
Manager: TBC



Development

Umberto Fiorillo & Specialized Skill Coaches
Dave Rathjen - Goaltending
Strenght and Conditioning - Athletes Nation



Tournaments

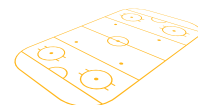
Bauer Invitational - Abbotsford - October
AEHL U17 AAA Showcase - December
CHA U17 Winter Classic - January



Schedule

PRACTICE
Tuesday - 5:30 - 6:30 - Mark Messier
Wednesday: 3:45pm - 4:45pm - Kinex - TBC
Thursday: 7:15pm - 8:30pm - Garrison
DRYLAND: Tuesday 4pm - 5pm
VIDEO REVIEW: Wednesday 5pm - 6pm

Expectations



- ✓ **TEAM:** First and foremost, be a good teammate at all times. Players are expected to compete at the highest level, with intensity and remain disciplined.
- ✓ **GROWTH:** All players will show a willingness to learn and demonstrate a growth mindset. They will be engaged in practice, training, games etc. Players will push themselves to be uncomfortable, this is how we get better. Never complacent.
- ✓ **IN-GAME:** Players on the Flyers will understand the concept of puck support, demonstrate positional hockey, and have situational awareness offensively as well as defensively.
- ✓ **COMMUNITY:** U17 AAA Flyers will represent the St. Albert Raiders in our community. They will be actively involved in community events and take on a leadership role with the Raiders hockey program.